

STAGE-II PROGRAM

1. The following activities will be conducted during Stage II of the selection process:-

0700h	Candidates report at Mai Bhago AFPI
0700h to 0800h	Documentation and height/weight check
0800h to 0830h	Document check & return of Ineligible candidates
0830h to 0915h	Physical Tests :- a. 400 Meter Run b. 20 Sit ups c. 20 Push ups d. Shuttle
0930h to 1030h	Submission of Personal Information Form and conduct of Lecturette on contemporary topics
1100h to 1600h	Interview
1600h to 1700h	Preparation of results
1700h	Announcement of names of shortlisted candidates
0830h (next day)	Shortlisted candidates report for medical examination at Mai Bhago AFPI (move to Sohana Hospital Mohali / designated doctor under Institute arrangements).

2. The above-mentioned details have been shared to allow candidates to prepare for the same.
3. Exact dates will be intimated in the first week of March 2026.